

PREVENTIVE PSYCHIATRY

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PRIMARY PREVENTION

- **INDIVIDUAL CENTERED INTERVENTION**
- **INTERVENTIONS ORIENTED TO THE CHILD IN THE SCHOOL**
- **FAMILY CENTERED INTERVENTIONS TO ENSURE HARMONIOUS RELATIONSHIP**
- **INTERVENTIONS ORIENTED TO KEEP FAMILIES INTACT**
- **INTERVENTIONS FOR FAMILY CRISIS**
- **MENTAL HEALTH EDUCATION**
- **SOCIETY CENTERED PREVENTIVE MEASURES**

SECONDARY PREVENTION

- EARLY DIAGNOSIS AND CASE FINDINGS
- EARLY REFERENCE
- SCREENING PROGRAMS
- EARLY AND EFFECTIVE TREATMENT FOR PATIENT
- TRAINING OF HEALTH PERSONNEL
- CONSULTATION SERVICES
- CRISIS INTERVENTION

TERTIARY PREVENTION

- **COMMUNITY BASED PROGRAMS- HALF WAY HOMES, EX PATIENT HOSTEL, FOSTER CARE HOMES**
- **COLLABORATIVE RELATIONSHIP BETWEEN MENTAL HEALTH CARE PROVIDERS AND COMMUNITY AGENCIES**
- **TRAINING IN COMMUNITY LIVING**
- **EMOTIONAL CLIMATE OF THE FAMILY**

PSYCHIATRIC REHABILITATION

DEFINITION

- Rehabilitation is an attempt to provide the best possible community role which will enable the patient to achieve the maximum range of activity , interest and which he is capable

- MAXWELL JONES

➤ NEED FOR REHABILITATION OF MENTALLY ILL PATIENTS

PRINCIPLES OF REHABILITATION

PSYCHIATRIC REHABILITATION

APPROACHES- Psychoeducation, working with families, group therapy, social skill training

REHABILITATION TEAM

STEPS IN PSYCHIATRIC REHABILITATION-

Reduction of impairments, remediation of disabilities through skill training, remediating disabilities through supportive interventions, remediation of handicaps

ROLE OF NURSE IN PSYCHIATRIC REHABILITATION